



Varsity Cheer Information 2024 - 2025

Team Information

Varsity Sideline Team:

- A **NO-CUT** Coed Varsity Team with all levels of skill ability.
- Members may cheer for fall (football), winter (basketball) OR both.
- **NEW THIS YEAR** – if we have 36+ on our roster, the team will be split for all football and basketball games allowing everyone the opportunity to attend games as spectators!
- Members should have the ability and willingness to learn, a great attitude, and a commitment to school spirit.
- Full calendar and Team Handbook can be found on website – lakeridgecheer.com

Varsity Competition Teams:

- **NEW THIS YEAR** - There will be TWO competition teams offered - Game Day and Traditional – and all members must be a part of the sideline team to be considered.
- Not all athletes will make a competitive team, although an athlete may be chosen for both competitive teams.
- Selection for the Game Day and Traditional competitions teams will take place on August 21st.
- Members must cheer a minimum of one season (fall or winter) and will perform at all school events.
- Members will compete at local and national events.
- Full calendar and Team Handbook can be found on website – lakeridgecheer.com

Spring Events

Open Gyms – Every Thursday*, February 29th – May 9th, 7:00-8:00pm in Cheer Gym – \$5.00 each week

*no open gym during Spring Break

Stunt Clinic – Thursday, May 9th, 6:00-7:00pm in Cheer Gym – FREE!

High School Team Registration

Team Registration – Available online, Monday, May 6th – Monday, May 20th

Check Out Cheer! Open Practice – Tuesday, May 14th & Thursday, May 16th, 5:00-7:00pm in Cheer Gym

Parent/Participant Meeting – Thursday, May 16th, 7:00pm in Cheer Gym

First Team Meeting – Tuesday, May 21st, 5:00-7:00pm in Cheer Gym

First Payment – Due at meeting on Tuesday, May 21st, but can request payment plan/deferral as needed

Online

- Website: www.lakeridgecheer.com
- Facebook & Instagram: @lakeridgecheer

Coaching Staff

- Head Coach Christine Langley email: lakeridgecheer@yahoo.com
- Assistant Coach Lily Andrews email: lhscoachlily@gmail.com