



## Junior Sideline Information 2024-2025 - Grades 7<sup>th</sup> & 8<sup>th</sup>

### Important Dates:

- Online Registration runs Monday, April 15<sup>th</sup> to Monday, May 13<sup>th</sup> – link at [www.lakeridgecheer.com](http://www.lakeridgecheer.com)
- Parent Meeting – Wednesday, May 8<sup>th</sup> – 6:00pm – Lakeridge Cafeteria
- Uniform Fitting – Wednesday, May 15<sup>th</sup> – Time TBA – Lakeridge Cheer Gym
- First Summer Practice – Tuesday, June 18<sup>th</sup> – 8:00-10:00am – Lakeridge Track
- **NEW THIS YEAR** – NCA Get Shocked Camp – Sunday, August 4<sup>th</sup> to Wednesday, August 7<sup>th</sup> – Oregon State University
- First Official Practice – Monday, August 19<sup>th</sup> – 5:00-7:00pm – Lakeridge Track

### Team Info:

- NO-CUT cheer teams that focus solely on teaching the FUNDAMENTALS of cheer skills & techniques.
- Junior Sideline Team will cheer at Lakeridge Youth Football games in the fall season.
- Junior Sideline Team includes 7<sup>th</sup>-8<sup>th</sup> graders from Lakeridge Middle School.
- Sideline Season runs from June 18<sup>th</sup> to October 26<sup>th</sup>.
- Summer Practices & Tumbling are only required if you are in town. There are no consequences for summer vacations.
- NCA Camp is required for those who have not already made summer vacation plans for 8/4-8/7.

### Cost:

- Registration fee is \$300 which includes coaching fees and Community School fees.
- NCA Camp fee is \$450 and includes overnight lodging and all meals.
- Additional payments of \$230-\$250 includes uniform and practice gear. Returning athletes only need to purchase any new gear offered for the year. Uniforms may be reused if they still fit!

### Brief Calendar Info:

- Summer (June – August)
  - Practice: June 18<sup>th</sup> – August 15<sup>th</sup> – 4:00-6:00pm – Lakeridge Cheer Gym
  - Tumbling: June 20<sup>th</sup> – July 25<sup>th</sup> – 9:00-10:00am – Lakeridge Cheer Gym
  - Sideline Camp: Aug 19<sup>th</sup> – Aug 28<sup>th</sup> – 5:00-7:00pm – Lakeridge Track
- Fall (September & October)
  - September Practice: Mondays & Wednesdays – 5:00-7:00pm – Lakeridge Cafeteria
  - October Practice: Mondays – 5:00-7:00pm – Lakeridge Cafeteria
  - LYF Football Games: Saturdays – Times TBA

### Online:

- Website: [www.lakeridgecheer.com](http://www.lakeridgecheer.com)
- Socials: [@lakeridgecheer](https://www.instagram.com/lakeridgecheer)

### Coaching Staff:

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|-----------------------------------|---------------|---|
| • Head Junior Sideline Coach      | Chelsea Boden | email: <a href="mailto:lakeridgereccheer@gmail.com">lakeridgereccheer@gmail.com</a> |
| • Assistant Junior Sideline Coach | Ella Guffee   | email: <a href="mailto:ellaguffee@gmail.com">ellaguffee@gmail.com</a>               |